

Earth Day

Each year, Earth Day—April 22—marks the anniversary of the birth of the modern environmental movement in 1970.

On April 22, 1970, 20 million Americans took to the streets, parks, and auditoriums to demonstrate for a healthy, sustainable environment in massive coast-to-coast rallies. Thousands of colleges and universities organized protests against the deterioration of the environment. Groups that had been fighting against oil spills, polluting factories and power plants, raw sewage, toxic dumps, pesticides, freeways, the loss of wilderness, and the extinction of wildlife suddenly realized they shared common values.

Earth Day 1970 achieved a rare political alignment, enlisting support from Republicans and Democrats, rich and poor, city slickers and farmers, tycoons and labor leaders. By the end of that year, the first Earth Day had led to the creation of the United States Environmental Protection Agency and the passage of the Clean Air, Clean Water, and Endangered Species Acts.



Ways you can contribute:

Eat Less Meat – the meat industry generates nearly 1/5 of the man-made greenhouse gas emissions worldwide.

Start Composting – more than a billion pounds of food are thrown away every year.

Stop Using Disposable Plastic – help end the obsession with plastic and protect the environment.

Buy Local Produce – eat healthier and help reduce your carbon footprint by buying local produce.

End Junk Mail – it's not only a major inconvenience; it also has an extremely negative impact on the environment.

Recycle Your E-Waste – every year thousands of old electronic devices are thrown into landfills, polluting the environment, when they can be recycled.

**DID YOU KNOW YOUR EAP, ULLIANCE, OFFERS
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*Life can be hard. Talking is easy.
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