

Safety & Wellness on the GO! READ TOPIC TOPIC DATE 6/21/25 TOPIC#: 25

△SITUATIONAL AWARENESS

STAY ALERT AT WORK & BEYOND

Your Safety Starts with Awareness



Keep your head up and eyes moving



Notice who and what is around you



Scan for hazards (wet floors, equipment, vehicles)



Avoid distractions like phones and headphones

EXPECT THE UNEXPECTED

Be Prepared, Not Surprised



Know your surroundings before starting any task



Watch for sudden changes (noise, movement, vehicles)



Practice defensive walking & driving



Trust your instincts—
report anything suspicious

SAFETY IS A CHOICE

Make It a Habit



Take your time—don't rush through blind spots



Communicate clearly with teammates



Use mirrors and look twice when turning or reversing



Your safety—and the safety of those around you—depends on staying sharp.

DON'T GO ON AUTOPILOT. STAY AWARE, STAY SAFE.

LIFE CAN BE TOUGH, BUT GETTING HELP IS SIMPLE!

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