



DEFENSIVE DRIVING



DRIVE DEFENSIVELY— STAY SAFE ON THE ROAD

Defensive Driving = Protecting Yourself + Your Passengers

COMMON DRIVING HAZARDS



Cell phones & devices



Night driving



Eating while driving



Fatigue



Bad weather /
poor roads



Aggressive drivers

SAFE DRIVING RULES

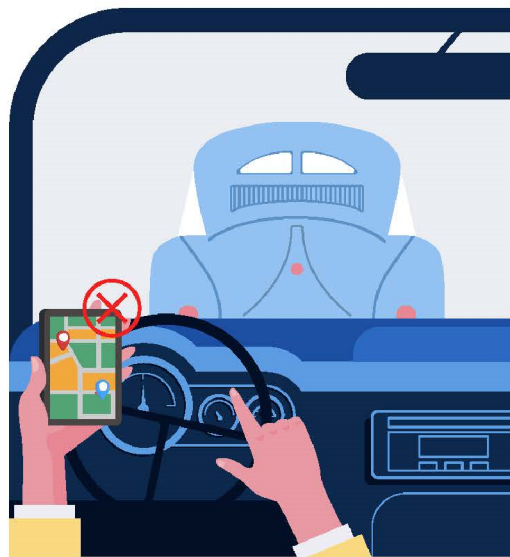
- Buckle up – every trip
- No distractions – no calls, no snacks
- Drive for conditions
- Take breaks if tired
- Check vehicle before driving
- Follow company reporting procedures

KEY DEFENSIVE DRIVING TIPS

- ✓ **See and Be Seen**
 - Scan 12–15 seconds ahead + check mirrors
 - Signal early, be obvious
 - Assume others may not see you
- ✓ **Stay Alert**
 - Watch for, drivers, pedestrians, cyclists, debris, work zones
- ✓ **Manage Speed & Space**
 - Follow speed limits
 - Adjust for traffic, weather
 - Keep safe distance
- ✓ **Right Attitude = Safe Driving**
 - Think “What if...?” –Be ready!
 - Make up for others’ mistakes

ASK YOURSELF

How can I improve my driving?
Do I know what to do if there's an accident?



Obey the speed limit



Leave enough distance



Be distraction-free



Drive defensively

THINK
SAFETY
STARTS
WITH YOU

