

## Staying Alert: Be Aware of Your Surroundings

Situational awareness means paying purposeful attention to your environment—who is around you, what's happening, and noticing when things feel “off.”



### Stay Alert

Keep your head up and scan your surroundings.  
Limit distractions like cell phones in parking lots or hallways.  
Trust your instincts if something feels wrong.



### Warning Signs

Hostile language or threats.  
Sudden mood changes or agitation.  
References to weapons or violence.  
Pacing, clenched fists, or aggressive movements.



### If Violence Occurs

**ESCAPE** – if you can – leave belongings behind.  
**HIDE** – lock or barricade doors, stay quiet, silence devices.  
**DEFEND** – as a last resort, use objects to protect yourself.  
**HELP** – warn others, give info to police, keep hands visible.



## Safety & Wellness Program

### Think Safe. Live Well. It Starts With You.

*Fabiano Brothers*  
Established 1885

*Safety is Everyone's Responsibility*