

## BUCKLE UP. EVERY TRIP. EVERY TIME.

Wearing a seatbelt is one of the simplest and most effective ways to prevent serious injury or death in a crash.



Seatbelts keep you secured in the vehicle and help prevent:



• Being thrown from the vehicle



• Striking the steering wheel, dashboard, or windshield



• Losing control during sudden stops or evasive maneuvers



### WHY IT MATTERS



Seatbelts reduce the risk of fatal injury by **about 45%** for drivers and front-seat passengers.



Most serious crash injuries occur within **25 miles** of home.



Many crashes happen during **routine, familiar trips.**



### ✓ SAFE SEATBELT HABITS

- ✓ Buckle up before the vehicle moves
- ✓ Make sure the **lap belt** is low across the hips, not the stomach
- ✓ Keep the **shoulder belt** across the chest, not under the arm or behind the back
- ✓ Ask passengers to **buckle up before driving**



Wearing a seatbelt is **the law** and **company policy.**

Crashes happen fast and often when we least expect them.

**A seatbelt only works if you wear it.**

