



ready, set, go! starts on or after 4/6/26

In observance of National Distracted Driving Awareness Month—and a focus we carry year-round Distracted driving doesn't just "happen"—it's a choice made in a moment that can have lasting consequences. This challenge encourages you to stay focused behind the wheel and eliminate distractions before they become dangerous.

The Challenge – Safe, distraction-free driving is expected every time you are behind the wheel—every trip, every day. For this challenge, track your distraction-free driving on at least 25 days over the next 30 days.

BEFORE DRIVING:




- Put your phone on DO NOT DISTURB or SILENT
- Set GPS, music, or calls before you start driving.

WHILE DRIVING:

- No texting, dialing, or handheld device use
- Keep your eyes on the road and hands on the wheel
- If you need your phone, pull over safely first

WHY THIS MATTERS – Distracted driving is one of the leading causes of accidents. Staying focused protects you, your coworkers, and everyone else on the road. One small decision can prevent a life-changing event.

Completed challenges must be submitted to HR within five days after completion. Employees can complete one challenge every 30 days.

 <p>25</p> <p>DAYS</p> <p>For 25 days out of the month complete the challenge</p>	 <p>150</p> <p>Minutes</p> <p>Optional: Exercise for a total of 150 minutes in addition to your monthly challenge.</p>	 <p>SUBMIT</p> <p>Submit to HR within 5 days of completion.</p>	 <p>\$10 HIP Challenge</p> <p>\$10 HIP Exercise</p>
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Phone Down. Eyes Up Challenge



Stay Focused. Stay Safe. Every Trip.

Enter the challenge month and completion days on the calendar. Submit to HR within five days. Contact HR with questions.

MONTHLY PLANNER

01 02 03 04 05 06 07 08 09 10 11 12

SUN	MON	TUE	WED	THU	FRI	SAT



Number of DAYS you completed the challenge



Number of MINUTES you Exercised

PRINT NAME & SIGN HERE- _____

Date: _____





Fabiano Brothers

CHALLENGE NOTES

Notes Page - Feel free to write anything you want on this page. For example, what did you eat? How did you feel? Suggestions? etc. HR does NOT need this page, unless you put suggestions about the challenge on it.

